

# Link Up Agreement

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We are respectful of each other's experiences and opinions, mindful and considerate of others, and keep an awareness of topics that could be triggering.

We are kind to each other and respect each others names/pronouns.

There is no discrimination or bullying in the Link Up space- including but not exclusive to racism, ablism, sexism or LGBTQ+ phobic language.

The Link Up is an alcohol and substance free space- please don't bring alcohol or substances to the session, or come under the influence of alcohol or substances- this is out of respect for the different experiences and beliefs regarding alcohol and substances that will be held by us all in the space.

Please resepect confidentiality in the Link Up space by keeping what is discussed and shared within that space. At Become, we will only share information more widely if there is a safeguarding concern, or if you have agreed for this to be shared.

If you find a topic difficult, or feel someone or something has upset you or caused harm, please DM or text one of the Become workers in the space during or after the Link Up.

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