

Become who you want to be.

If you're in care or a care leaver,
then we're here for you.



BECOME.

THE CHARITY FOR CHILDREN IN CARE
AND YOUNG CARE LEAVERS

At Become, we believe in you

We give help, support and advice to children and young people in care and young care leavers. We help you take control of your life and unleash your potential.



The Become Coaching Programme

Do you want to move forward with your life, but keep finding yourself back where you started? The Become Coaching Programme is a free service for young people aged 16 – 25, based in London. Over six months, you'll get regular one-to-one and group coaching, aimed at helping you achieve your personal goals. Get involved at www.becomecharity.org.uk/makeachange

The Care Advice Line

The Care Advice Line is there for you to ask about anything to do with your life in, or after, care. You can talk to us about your rights, how care works, money, health, housing, education, contact with your family or anything else you need to.

Call us for free on **0800 023 2033**

email advice@becomecharity.org.uk

or visit www.becomecharity.org.uk/care-advice-line

Propel

Thinking about your future? What about studying a subject you love at college or university? Many care leavers achieve amazing things in education, and so can you. Propel gives you info about the support available for care leavers at UK colleges and universities, advice on funding and applications, and inspiring stories from other care-experienced students. Start your journey today at www.propel.org.uk

Become, 15 - 18 White Lion Street, London N1 9PG

020 7251 3117

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Registered charity number 1010518

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