**Parents info sheet and consent form**

We are considering the application of your teenager, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, who has expressed interest in taking part in a paid project with Become Charity- The national charity for children in care and care leavers. In partnership with Children in Need we are looking for young care-experienced people aged 16-18 to help us to develop a series of workshops on building and maintaining healthy relationships as a young care-experienced person.

All students under the age of 18 years must have consent to take part, please see below for further details of the project.

**Who**:

A total of 5 Care experienced young people aged 16 to 18  
  
**Where**:  
  
Once a candidate has been accepted. Sessions will take place virtually on zoom once a week for a couple of hours over a 2-month period.  
  
**What:**

The experiences of those who have been in care, is invaluable. We would therefore like to brainstorm with care experienced young people what content needs to be included in the workshops and any other ideas on how to make this a success. We value their time so they will be paid £10.75 an hour for it!

**Why:**

We understand Children’s experience of pre-care trauma can be combined with a care system that feels bureaucratic, inflexible and confusing. 70% of children experienced at least one change of home, school or social worker in the past year. Constant changes and instability mean care experienced children can struggle to build and maintain positive relationships. This, coupled with a lack of support networks, can leave care experienced children vulnerable – struggling to advocate for themselves to professionals making decisions about their lives, as well as in friendships, family, and dating relationships. We therefore think it is important to help provide care experienced young people with the tools to be able to effective build and maintain various healthy relationships.  
  
This experience is also something great to add to a CV and includes the option later on down the line to co-deliver the sessions.

**How:**   
  
The project will be led by Tasha our Support and Engagement officer. We have asked those interested to apply by either creating and submitting a short video (max 2 mins) on why they would like to be a part of the project or alternatively write a one-page statement and if they are under 18 to include a consent form from a parent/guardian.  
  
If you approve, please sign the consent form below attached below, and return it to your teenager to attach to their application form or email it through to engagement@becomecharity.org.uk.

If you have any questions or would like further information, please contact Tasha at [engagement@becomecharity.org.uk](mailto:engagement@becomecharity.org.uk)

We look forward to your teenager working with us.

Thank You,

Services team

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Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Are there any significant health issues with your children that we need to be aware about?

If yes, please give brief details: …………………………………………..……………………………………………………………………………….……………………………………………………………………………….…………………………………………………………….………………………………………………………………………………….……………………

Is there anything else we need to be aware about regarding your young person? This could be any learning difficulties, any triggering topics, anxiety etc.

If yes, please give brief details: …………………………………………..……………………………………………………………………………….……………………………………………………………………………….…………………………………………………………….………………………………………………………………………………….……………………

I give my consent for (name of young person) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to take part in the above project with Become Charity

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Signature of Parent/Guardian